



**Special Interest
Articles:**

- Spotlight 2
- Celebration of Southern Utah Nursing 3
- Student Update 4-5

**Individual
Highlights:**

- Out of Basement 1
- NCLEX Update 1
- USNA 1
- Events 2
- Special Thanks 2
- Seen & Heard 3
- Continuing the Tradition 3
- About SUU Nsg 5
- Contributions 6

Let's Get SUU Nursing Out of the Basement!

By: Jamie Robbins

The fences are up and ground breaking has officially begun on the new Science Center addition. This is a much needed addition to SUU and is set to open in fall 2011.



The General Classroom building has housed the SUU Nursing Program since its' creation. The new addition however has a dedicated floor just for our program. This floor allows us to have bigger classrooms, validation and practice labs. Not to mention, we will finally have windows!

This transition brings excitement to the future of SUU Nursing but also raises awareness to the funding needed to make this possible.

There is a current need for donations of any amount, to aid us in making this transition. Our department will need new equipment and classroom/lab supplies to utilize the full potential

of our new location.

If you would like to make a donation please see the contribution form on page 6. Donations of any amount are greatly appreciated and will be recognized within our new facility. Thank you for getting SUU Nursing "out of the basement"!

NCLEX Update

By: Jamie Robbins

Congratulations to the Fall 2009 graduating class. They achieved an NCLEX pass rate of 96.87%! This is above the Utah and National average pass rate. Way to show what SUU Nursing students are made of!

Changes will be added to the NCLEX-RN as of April 2010, including interactive alternative questions with sound. The test still contains anywhere from 75-265 questions, 15 of which are un-scored pretest questions. A passing score is one in which questions have been consistently answered above or below the pass rate with 95% certainty.

The standard pass rate was also raised from -0.21 to -0.16 logits. More information can be found at www.ncsbn.org.

References:

National Council of State Boards of Nursing. (2010, January). *2010 NCLEX Candidate Bulletin*. Retrieved February 26, 2010, from NCSBN: https://www.ncsbn.org/2010_NCLEX_Candidate_B

USNA Conference

By: Jacob Bailey

The Utah Student Nurse Association Conference which was held in Price, started off with keynote speaker Frances Swasey. She spoke on continual education in nursing due to continually changing practice guidelines. The rest of the day was broken up into classes of a variety of nursing specialties and even a NCLEX-RN review. The day ended with the announcement of the new USNA elected officials. Four of the elected officials are from our very own SUU Nursing Program. Congratulations to Jared Larmore, President; Heather Cannon, Secretary; Ashley Felsted, Treasurer; and Jessica Jimerson, Convention Director. Hopefully, bringing the next USNA Convention to SUU.

Spotlight: **Teresa Higbee** Office Manager

Biography by: Teresa Higbee Compiled by: Jamie Robbins



Teresa grew up in Parowan, Utah. She received her associate degree from Dixie State College in 1989. After graduating from college, she married Kurt Higbee and moved to Las Vegas, Nevada. She worked for two years as an office manager for a company who marketed and sold new homes. The next eight years she worked as a loan processor, closer and pre-underwriter for a mortgage company. In 1999 Teresa and her family left Las Vegas and moved to Parowan. She has 3 children, Jesse 13, Hayley 11 and Cassidie 6. She started working for the Southern Utah University/Weber State University Cooperative Nursing Program in July 1999. Teresa was instrumental in preparing paperwork and documenting the need for a standalone nursing program at SUU. She worked closely with the nursing program coordinator to prepare necessary paperwork to gain approval for the SUU Baccalaureate Nursing Program. Her responsibilities include: track and maintain student records, maintain clinical facility agreements, department liaison with clinical facilities, order equipment and supplies, maintain memberships and contracts, manage graduate surveys, oversee and reallocate credit card transactions, manage budgets, process overload and special appointment paperwork, hire and supervise student employees, maintain department web page, make travel arrangements, schedule department and student functions, coordinate details for student ceremonies, track department inventory and assist faculty/staff and students. Teresa is behind the scenes of almost every aspect and event within our program. Without her compiling and tracking our clinical documents we wouldn't have access to facilities for clinical experience. We also wouldn't have the wonderful coordination for all of our Nursing activities and fundraisers. Thank you Teresa for your contribution to SUU Nursing and the active engagement you have taken into the success of our education.

"Teresa is terrific to work with. She is efficient, effective and fun!"

-Donna Lister, Department Chair

"She's a hard working woman who gets the job done. She is someone I can go to with any type of problem. She does so much for the department that I believe goes un-noticed."

-Dawn Wiltshire, Level 4 Class president

"Teresa is a joy to work with. She is organized, dedicated and an advocate for the nursing students. I couldn't ask for a better working environment and this is mainly due to my co-workers."

-Vikki Robertson, Admissions Secretary

Special Thanks

By: Level 4 Students

The level four class of Spring 2010 would like to thank all of the faculty and staff for their time and dedication. Thank you for sharing with us your knowledge, experience and passion. We hope to make you proud as both SUU Nursing Graduates and professional nurses!



Nursing Students – Opening Celebration, January 2010

Semester Events:

☉ April 8th
1st Annual
"Continuing the Tradition, Building the Profession"
 Lecture and luncheon,
 12:00p-1:00p, Starlight Room

☉ April 10th
Mash Bash
 Main Street Park
 Cedar City
 5k Run – 10:00a
 Health Fair–12:00p

☉ April 16th– 17th
Relay for Life
 The SUU Track
 Friday 16th 6:00p
 through Saturday 17th -
 12:00p

☉ April 30th-May 1st
Commencement Ceremonies
 Pinning – April 30th
 11:00a, Great Hall

Commencement- April
 30th 4:30p, the Centrum

Convocation- May 1st
 12:30p, the Centrum

Find all your SUU Nursing
 events listed at
<http://www.suu.edu/orgs/sna/calendar.html>

Celebration of Southern Utah Nursing

By: Jamie Robbins

On November 19th, 2009, The Celebration of Southern Utah Nursing Recognition Dinner was held and nurses within our region were awarded for their outstanding contribution to the nursing profession. These nurses are vital to our health care system, have had a significant impact on health care in southern Utah and serve as role models for future nurses. Thank you to all involved with this event from nominations to the overall coordination and set up. We look forward to the next Event and giving further recognition to those nurses who continue to serve our community with dedication and tenacity. The awards given are as follows:

Historical Nurse (retired or deceased)

Lucy P. Pocock Williams

Medical Surgical Nurse

Amy Bennett

Critical Care/ER Nurse

Bonnie Perkins

Hospice Nurse

Ethan Bunker

Community Public Health Nurse

Cheryl Bellomo

Small Town Nurse Generalist

Rosemary Green

Home Health Nurse

Maree Prince

Long Term Nurse

Vicki Warren

Leadership in Nursing

Donna J. A. Lister

Watch for nomination forms in our Fall 2010 Newsletter. We will once again be voting for outstanding nurses and honoring them at the Celebration of Southern Utah Nursing on November 18, 2010.

Continuing the Tradition/
Building the Profession

April 8, 2010
12:00 p.m.

Southern Utah University
Sharwan Smith Center
Starlight Room

Lecture given by:
Steve Taysom, RN, BSN

Caring about others, running
the risk of feeling and leaving
an impact on people brings
happiness

--Rabbi Harold Kushner

What you get by achieving
your goals is not as
important as what you
become by achieving your
goals.

-Zig Zigler

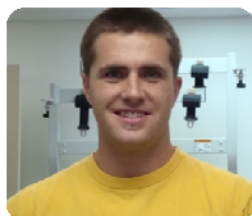
*The mediocre teacher tells;
the good teacher explains;
the superior teacher demonstrates;
the great teacher inspires.*

-William Arthur Ward

Seen and Heard

What are you going to do during Spring Break?

By: Jamie Robbins



"I'm going to Phoenix, Arizona to watch the MLB Spring training."

**-Dallin Staheli,
Level 1**



"I'm looking forward to having a break to relax and ride my horse. I'm also excited to hang out with my family."

**-Jessica Jimerson,
Level 2**



"I will be working during the break, to make up for not being able to during the semester. I'm also going to finish some community hours."

**-Whitney Cox,
Level 3**



"I'm going to a track meet in San Diego, then to Gettysburg and Washington D.C. I'm going to tour the capitol!"

**-Kristi Koplin,
Level 4**

Student Update

Compiled by: Jamie Robbins

Level One:



The class of Fall 2011 is looking forward with anticipation to the future of nursing. We recently held class elections and it was decided that Emily Chappell would serve as President, with Briana Bush Vice President, McKenzie Spadafora as Secretary, and Tambrea Allen as our SUU-SNA representative. We are excited to participate in the up-coming events of the MASH Bash, the Relay for Life, and the Health Safety Carnival. As a class we held our Professional Pledge Ceremony on Monday, February 22, 2010 and are delighted to join in contributing our all to the profession of nursing.

By: Emily Chappell, Class President

Level Two:

We have been very busy cramming med-surg, pharmacology, mental health, and research into our busy lives....and there still doesn't seem like there is enough time in the day to study! Regardless, we are still able to have a good time with each other and we have become a lot closer! Not only have we all become close friends and study buddies...we have become one another's mental health counselor as well! We are growing into efficient nurses and appreciate all the time our clinical instructors, Professor Howard and Professor Layton, have put into making us the best nurses possible! Clinicals have been so great and we are learning all that it takes to be that ideal nurse we all want to become! We had the Utah Student Nurses Association Conference the beginning of February and we are excited about how well SUU Nursing was represented. Congratulations to all those admirable nursing students who made Utah State Nursing Officers! We plan to set the standards high for SUU Nursing and I as a Convention Director am looking forward to having our next Utah Student Nurses Association 2011 here at SUU! Yeehaw! As for our class, we are extremely excited to be called level three nursing students and make it out of this semester alive!



By: Jessica Jimerson, Class President

Level 3:



The level three Southern Utah University Nursing students couldn't be more thrilled to finally have made it out of level two alive! Class president John Zingelman states; "The boys can't wait to be out of the labor and delivery semester, but the girls act like they are in heaven. Everyone however, is excited for Spring break to finally be here." Jared Larmore, Heather Cannon and Ashley Felsted were both elected into positions in the Utah Student Nurses Association. They also recently hosted an American Red Cross blood drive, which had a great turnout. We are looking forward to the many upcoming events from this class including, the Relay for Life to be held in April.

By: Jamie Robbins

Student Update continued...

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Level 4:

Our class is anticipating our graduation this Spring above all other events! Most of us have finished our preceptorship and are excited to begin our high acuity clinicals. It has been a roller coaster of a ride these last four semesters. We've made it through the unknown in level one, crammed content of level two and the new beginnings found in level three. Our class also miraculously survived the pies to the face we received from the Fall 2009 graduating class during the closing social! We have welcomed



the new change of pace that level four has brought as well as the capstone to our practice to prepare us for the NCLEX-RN. The process to get to the end has been bittersweet. While we look forward to graduation, we are saddened to leave behind the amazing friendships we have found within our class.

By: Jamie Robbins, Class Historian

RN to BSN:

We are recently going through a semester where we went to the state legislature. In addition many of us are working on clinical time for our high acuity class. We are enjoying our current issues class with Professor Lister, exploring political issues. This class also allows us to explore touchy political issues like stem cell research, end-of-life care, and health care reform. Of course we are all looking forward to graduation! Most of us have been nurses for years and now look forward getting recognized for our efforts.

By: Steve Smith, Class President



About The SUU Nursing Program ...

The Department of Nursing is made up of academic programs that prepare individuals for professional nursing practice. A Bachelor of Science in Nursing is recommended for students preparing for entry into nursing practice. We offer a learning-centered education that meets the requirements for a baccalaureate degree at SUU and ensures that graduates have the abilities to be successful professional nurses. The purpose of the Department of Nursing is to provide learning opportunities that engage students in a comprehensive program of classroom and experiential learning that emphasizes caring, critical thinking, problem solving, ethical decision making, and communication. Help aid us in our efforts to continue this academic experience at our new location in the Science Center Addition.

All contributions will directly help fund getting SUU Nursing "out of the basement" and all money donated to support nursing scholarships WILL go towards scholarships for Nursing Students.

We're on the Web!
 See us at:
www.suu.edu/sci/nursing

SUU

Department of Nursing-Fundraising and Development

Name _____

Street Address _____

City _____ State _____ Zip Code _____

Year Graduated (If Applicable) _____

WSU/SUU

SUU

Does Your Employer Match Contributions? Yes No

Check Enclosed Cash Enclosed Card Type: Visa MasterCard
 Discover Card

No. _____

3- Digit Security Code _____ Expires _____

Signature _____

DONATION OPTIONS - DONATION AMOUNT

Scholarship Fund* \$ _____ Graduation Fund\$ _____

New Building Fund (get nursing out of the basement) \$ _____

**All money donated to support nursing scholarships WILL go towards scholarships for Nursing Students.*

Please send this form to: SUU Department of Nursing
351 W. University Blvd., GC 005
Cedar City, UT 84720